

Please provide the following information to receive your patch:

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

Mail to:

The Environmental Clearinghouse,
P.O. Box 9118, Niskayuna, NY 12309
518-370-4125 or info@ecosny.org

Learn about other ECOS sponsored activities by becoming a member.

| | |
|------------|-------|
| Individual | \$40 |
| Family | \$50 |
| Donor | \$75 |
| Supporter | \$100 |
| Sustainer | \$126 |
| Benefactor | \$250 |
| Patron | \$500 |



Find your inspiration



Christman Sanctuary—
My favorite, after lots of rain the streams were gorgeous!

Bozen Kill Preserve—
What a surprise! Beautiful streams and vegetation..

Christman Sanctuary—
Lovely! We'll re-visit.

Indiankill—
My favorite part was the evidence of beaver activity.



ECOS: the Environmental Clearinghouse

Seven Preserve Challenge





*Welcome to the ECOS
Seven Preserve Challenge*

Everyone loves a challenge, right? Well, not necessarily.

If the challenge is too hard, or requires too much skill, time or preparation, few are going to attempt it. That's why ECOS has chosen the hikes it has for this challenge.

We're not asking anyone to go climb all 46 Adirondack High Peaks, as is required to earn a patch and become a member of The Adirondack 46ers. Or the minimum of 23 mountains with fire towers—18 in the Adirondack Park, five in the Catskill Park—necessary to complete the Adirondack Mountain Club's Fire Tower Challenge.

This challenge can be done on flatter terrain and much closer to home, which is the whole idea. ECOS wants not only experienced hikers, but anyone, including kids, to be able to try it and succeed. We want people to be able to do it on their own, or with their families and friends, or as part of a hiking group or Scouting troop. To take as long as they want or need to do it—whether that's a few days, weeks, months, or even years. What matters is to get out there and enjoy nature, see the beauty of these local resources, learn something about their ecology and history.

Six of the preserves are in Schenectady County, while one is in Albany County.

To help you get started, ECOS offers directions, trail maps, descriptions and other information about these preserves on its website. The same can be found in paper form with our series of Natural Area Guides, which includes separate guides for Schenectady and Albany counties. ECOS also sponsors its own hikes in these preserves from time to time. You may want to check our website or Facebook page to find out when they are.

Remember: Any journey starts with that first step. So get started.

To earn your patch, you must:

1) Hike the seven preserves listed in this brochure.

2) Fill out the attached form (it is also available on our website), with your name, address, email and telephone number, the date you visited each preserve, and a sentence or two telling us about it.

3) Mail to ECOS: The Environmental Clearinghouse, 2682 Aqueduct Rd., Niskayuna, N.Y. 12309. Allow 3-5 weeks to receive your patch.

Bozen Kill Preserve
Bozenkill Rd., Altamont
Owner: Mohawk Hudson Land
Conservancy
Date Visited: _____

Christman Sanctuary
Schoharie Turnpike, Delanson
Owner: The Nature Conservancy
Date Visited: _____

Indian Kill Nature Preserve
Hetcheltown Rd., Glenville
Owner: Schenectady County
Date Visited: _____

Lisha Kill Natural Area
Rosendale Rd., Niskayuna
Owner: The Nature Conservancy
Date Visited: _____

Plotter Kill Preserve
Rt. 159, Rotterdam
Owner: Schenectady County
Date Visited: _____

Sanders Preserve
Sanders Rd., Glenville
Owner: Town of Glenville
Date Visited: _____

Schenectady County Forest Preserve
Lake Rd., Duanesburg
Owner: Schenectady County
Date Visited: _____